

BOLTING

When your complex child wanders or quickly leaves safe places



Complex children may bolt...



away from something upsetting



because they are curious



because of nice weather



because of high energy



towards something fun



because they want to test if you'll keep them safe



Bolting can be dangerous!

Children can bolt or wander into **traffic**, towards **pools**, or other bodies of **water**

Prevent bolting



Supervise & be within arms reach when possible



Take turns saying "hands off child" with other caregivers



Consider wrist straps



Label your child's shoes with their name

Prevent bolting in the home



Install locks on windows & high on doors



Install a home alarm system



Hide keys

There are funding options for children younger than 18.

Contact us for information on how you may qualify for free safety equipment!



Install door knob covers



Consider a GPS tracker



Baby gates are good barriers and can slow children down

After bolting



Learn the patterns, triggers & coping & share them with other caregivers



✓ Agree

"I see why you want to run."

✓ Validate

I like to run too.

✓ Explain

I need you to tell me when you want to run so I can keep your body safe."



Tell them the story of what just happened

