

Spring Newsletter

EMPOWERING EVERYMIND



29 April 2025



Exciting Announcement

Dear Community,

We are pleased to announce that Inspire Community Outreach Inc. (Inspire Inc.) is adopting a new commercial name: **Empowering EveryMind**. This exciting change comes as part of our ongoing organizational development and transition after a decade of dedicated service.

With a steadfast commitment to our vision, mission and values, our funders and the community, Empowering EveryMind will continue to provide evidence-based, family-centered programming and education grounded in best practice for individuals and families living with neurodevelopmental differences and mental health concerns. Our growing team is excited to provide high-quality services, connecting those we serve with resources that empower them to thrive and feel better connected to their family and/or community. Empowering EveryMind will continue to serve children, youth, and youth adults aged 3-29, parents and primary caregivers, and the professionals who support these exceptional families.

In the future, we hope to expand on our eligibility criteria and programming opportunities and provide training and advocacy for enhancement of neuro-inclusive practices in all sectors. Legally, we remain Inspire Community Outreach Inc., with Empowering EveryMind serving as our new branding. Our team feels that this new name better reflects our mission and the new era we are entering, based on valuable feedback from our community. We invite you to explore our new commercial name, Empowering EveryMind. Visit our brand-new website, call us at 204-996-1547, and follow us on social media. We encourage you to join one of our group programs, as your feedback and suggestions are invaluable to us. We look forward to seeing you at our programs and events!

Warm regards,

CEO of Empowering EveryMind
(formerly Inspire Community Outreach Inc.)

In this newsletter
you can expect:

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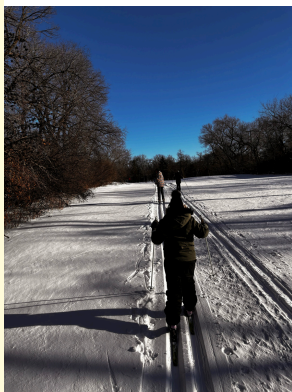
CEO - HORTENSE COFFI

A Busy and Exciting Start to 2025 at Empowering EveryMind!

We kicked off the year with an exciting opportunity in January, attending Winnipeg Jets games through the Hockey Talks initiative as part of their mental health programming. This was our first public event under our new name, Empowering EveryMind, and it was a proud and memorable milestone for our organization. Our Master of Social Work Students Meghan and Hailey organized a Cross Country Ski Event in partnership with Winnipeg Trails and Accessible Sport Manitoba to create an inclusive environment for children, youth and families to try out cross country skiing. The event was free and equipment was provided by Winnipeg Trails. In February, we officially announced our new name to the public and launched our website. We've been thrilled with the warm

and positive response from the community, and we're excited about what lies ahead. March marked the start of our Parent and Preschooler group, designed to equip parents of neurodivergent children with vital communication, emotional, and behavioural strategies to better connect with and understand their children. Over Spring Break, we also ran our Pre-Employment group, supporting neurodivergent teens as they prepare for the workforce. This program focused on resume writing, interview preparation, and role-playing to build essential job-seeking skills. In April, we bid farewell to our Master of Social Work students, Meghan and Hailey. During their time with us, they provided valuable services including bus training, counselling, and outreach support. We are deeply grateful for their contributions and wish them all the best in their future endeavors!

Events



CROSS COUNTRY SKI EVENT



HOCKEY TALKS EVENT



Thank You's!

We want to extend a heartfelt thank you to the individual who designed the new organizational logo; known as **Lonely Brown Cow**. They put in a lot of hard work to understand the organizations transition, the population we work with, and what we were wanting our new logo to represent. You can find more of their work on their social media profiles:

Instagram: LonelyBrownCow

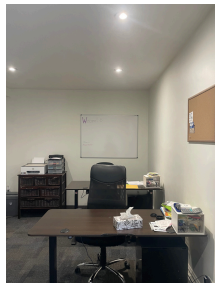
Youtube: @lonelybrowncow9876

Deviant Art: LonelyBrownCow

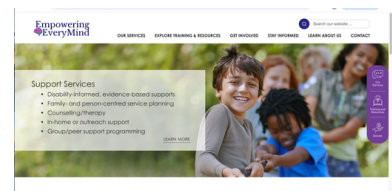
Catchafire: LonelyB.



Thank you to Assiniboine Credit Union for providing us funding to furnish our office space and play therapy room. This funding was instrumental in creating a welcoming and accessible space for the community we serve.



Thank you to the Telus Friendly Future Foundation for providing us with the funding necessary to accomplish Phase 1 of our Website Redesign Project. We were able to create a website that enhanced the user experience and made our features more accessible to use.



Lastly, thank you to Syndicat Agriculture Union PSAC-AFPC who invited us to speak at their conference on April 13. We presented about our organization and the population we work with. They donated \$6,500 which will be instrumental in creating programming.

Fundraisers



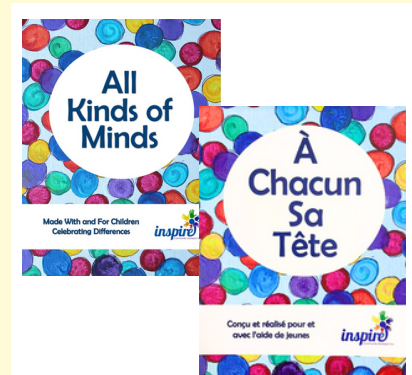
Art for Impact

We have decided to have our annual silent art auction *Art for Impact* run throughout the year! We have a beautiful art pieces available, one of which is "Hay Bales" that was donated by the talented Franklin Fernando. If you are interested in this piece or in seeing others available, please email [**fundraising@empoweringeverymind.org**](mailto:fundraising@empoweringeverymind.org)



Neurodivergent T-Shirts

This June as part of our fundraising efforts we are running a t-shirt fundraiser offering designed t-shirts celebrating neurodiversity. The neurodiversity design have been artistically created by a talented member of the Empowering EveryMind team! Please email [**fundraising@empoweringeverymind.org**](mailto:fundraising@empoweringeverymind.org) for more information.



Books

We are looking to clear out our inventory of our book "All Kinds of Minds". We are offering it at a discounted price of \$15 per book. This is a great opportunity to save!

- English and French versions of the book are available.

Please email [**fundraising@empoweringeverymind.org**](mailto:fundraising@empoweringeverymind.org) for more information.

Host a Fundraiser



We are looking for passionate individuals to get creative and host exciting fundraisers in support of our mission! Whether it's a trivia night, themed party, charity event, or bake sale, every effort helps us provide inclusive neurodiversity-informed education, support, and programming for individuals and families.

Your support makes a real impact in helping our community thrive. Interested in getting involved? Email [**fundraising@empoweringeverymind.org**](mailto:fundraising@empoweringeverymind.org) to learn more!



Empowering EveryMind: Nurturing Community Growth

At Empowering EveryMind, we recognize the unique barriers that neurodivergent individuals and their families often face. Our mission is to provide affordable, individualized care and support to those who may otherwise lack access to the services they need. We are committed to not only supporting neurodivergent individuals but also educating and empowering those living with these experiences, while raising awareness to break down the barriers they encounter.

Our team of dedicated outreach workers offers tailored support to individuals, caregivers, and families, including therapy, counseling, and group programming. We also assist with navigating complex systems like healthcare, mental health services, and social services.

Above all, Empowering EveryMind is dedicated to helping our clients build the confidence, skills, and resilience they need to lead the fulfilling lives they deserve.

Support Our Mission

Did you know that the majority of our operational budget comes directly from donations? Our generous donors allow us to continue to facilitate programming, and expand our outreach support to include a wider range of individuals. Please support our organization!

You can support us by:

- Monthly Donations Through Canada Helps.
- Item Donations (Arts & Craft Supplies, Play Therapy Toys).
- Sponsor a Programming Group.
- Host a Fundraiser!
- Purchase One of Our Books.
- Purchase an art piece through GalaBid.

Visit our website and click "Get Involved" for more information!

Thank you for reading!

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