

Winter Newsletter

EMPOWERING
EVERYMIND

24 November 2024



Exciting Announcement

Dear Community,

We are pleased to announce that Inspire Community Outreach Inc. (Inspire Inc.) is adopting a new commercial name: **Empowering EveryMind**. This exciting change comes as part of our ongoing organizational development and transition after a decade of dedicated service.

With a steadfast commitment to our vision, mission and values, our funders and the community, Empowering EveryMind will continue to provide evidence-based, family-centered programming and education grounded in best practice for individuals and families living with neurodevelopmental differences and mental health concerns. Our growing team is excited to provide high-quality services, connecting those we serve with resources that empower them to thrive and feel better connected to their family and/or community.

Empowering EveryMind will continue to serve children, youth, and youth adults aged 3-29, parents and primary caregivers, and the professionals who support these exceptional families.

In the future, we hope to expand on our eligibility criteria and programming opportunities and provide training and advocacy for enhancement of neuro-inclusive practices in all sectors. Legally, we remain Inspire Community Outreach Inc., with Empowering EveryMind serving as our new branding. Our team feels that this new name better reflects our mission and the new era we are entering, based on valuable feedback from our community. We invite you to explore our new commercial name, Empowering EveryMind. Visit our brand-new website, call us at 204-996-1547, and follow us on social media. We encourage you to join one of our group programs, as your feedback and suggestions are invaluable to us.

We look forward to seeing you at our programs and events!

Warm regards,

Hortense Coffi

CEO of Empowering EveryMind
(formerly Inspire Community Outreach Inc.)

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CEO - HORTENSE COFFI

Community News

2024 has been a year of growth and development for the organization. Our new CEO, Hortense Coffi, has led the organization to new connections with the community, has secured new grants and funding, and has given a new vision to the staff. She has been instrumental in updating the policies and procedures of the organization in order to meet the needs of the clients the organization serves. We are very excited to have her as part of the team!

We have brought on board additional administrative and intake staff. Each of these people brings with them experiences and perspectives which broaden our knowledge and ability to serve our clients.

We are excited to have two Master of Social Work students, Meghan and Hailey, who as part of their coursework will be providing therapeutic services to children.

It has been an exciting year full of growth and change. We are looking forward to a successful year in 2025!



Programming

The staff have been hard at work developing new programming. A new program that we began facilitating in September was a Youth Pre-Employment Skills Workshop for youth with neurological differences. This was a 6 session workshop that taught participants resume building, interview preparation, how to maintain employment, as well as covered topics related to mental health & neurodiversity. The skills workshop was a success and we hope to offer this program in the future.

Meghan and Hailey are social work students that are doing their practicum at Empowering EveryMind and have lots of experience working with children. This winter they are introducing an outdoors based connection club where they will be doing one off activities each month that are inclusive to neurodiverse children and youth. This group will provide an opportunity for children to connect not only to the outdoors but as well as other group members and leaders!

Currently, we are also planning art classes for youth with neurological differences that will begin in the coming months. The classes will be taught by a talented local artist who has experience working hands on with children with behavioural issues and has collaborated with many non-profit organizations in the past. This program will allow children to express themselves creatively, while learning new skills. The program is designed to be a fun, inclusive, and welcoming environment for all participants.

Fundraisers



Art for Impact

In October, we ran an online silent art auction fundraiser. The art was all donated by local artists. We still have a beautiful art piece available, one of which is "Hay Bales" that was donated by the talented Franklin Fernando.

If you are interested in this piece or in seeing other pieces of art available, please email our fundraising assistant Caitlyn at fundraising@empoweringeverymind.org



Holiday Fundraiser

This holiday season we are running a fundraiser through Shelmardines.

How it works:

1. Go to fundraisers.shelmerdine.com and click "Shop Now".
2. Pick your items! There are a variety of poinsettias to choose from, holiday wreaths, door swag, and even gift cards.
3. When purchasing click "Inspire Community Outreach" as your fundraising group.
4. Complete payment.

The fundraiser ends on December 1st and all orders will be delivered on December 10th. Please email fundraising@empoweringeverymind.org for more information



Books

Since we have changed the organization's name and are looking ahead into creating exciting new children's comic books, we are looking to clear our inventory of our book "All Kinds of Minds".

We are offering it at a discount for \$15 per book. The regular price is \$20 so this is a great opportunity to save!

- English and French versions of the book are available.

Please email fundraising@empoweringeverymind.org for more information

Host a Fundraiser

We're looking for passionate individuals to host fun and creative fundraisers for us.

Whether it be a trivia night, themed party, fundraising event, or even a bake sale, all efforts go a long way towards facilitating programming that meets our mission; to provide inclusive, disability-informed education, support, and programming for individuals and families living with neurodevelopmental differences, and collaborate with community partners to help people thrive. For more information please email Caitlyn at fundraising@empoweringeverymind.org



Empowering EveryMind: Supporting Community Connections

Support Our Mission

At Empowering EveryMind, we recognize the unique barriers that neurodivergent individuals and their families often face. Our mission is to provide affordable, individualized care and support to those who may otherwise lack access to the services they need. We are committed to not only supporting neurodivergent individuals but also educating and empowering those living with these experiences, while raising awareness to break down the barriers they encounter.

Our team of dedicated outreach workers offers tailored support to individuals, caregivers, and families, including therapy, counseling, and group programming. We also assist with navigating complex systems like healthcare, mental health services, and social services.

Above all, Empowering EveryMind is dedicated to helping our clients build the confidence, skills, and resilience they need to lead the fulfilling lives they deserve.

Did you know that the majority of our operational budget comes directly from donations? Our generous donors allow us to continue to facilitate programming, and expand our outreach support to include a wider range of individuals. Please support our organization!

You can support us by:

- Monthly Donations Through Canada Helps.
- Item Donations (Arts & Craft Supplies, Play Therapy Toys).
- Sponsor a Programming Group.
- Host a Fundraiser!
- Purchase One of Our Books.
- Purchase an art piece through GalaBid.

Visit our website and click "Get Involved" for more information!

Thank you for reading!

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